

Working with Families in Mental Health: Everything You Wanted to Know

Research shows that working with families improves the outcome for the person in recovery. While recognizing the importance of working with families, there is limited support and training for mental health workers.

This conference will provide an opportunity to learn about how to engage with families, and explore approaches to working with families during the recovery process.



The day will include:

Panel Discussion, presenting a variety of perspectives on the value and practice of family inclusion, looking at the challenges and benefits of family work. Panellists will include a family member, a family worker, a mental health front-line worker, an individual with lived experience, and a senior administrator

Workshops

(participants can enrol in two workshops):

Engaging Families – This workshop will address the challenges and issues of engaging families, including confidentiality, the diverse and unique needs of each family, and ensuring family inclusion while minimizing the role conflict and workload for the worker.

Family Group Work – Family Group Work requires specific skills and knowledge. This workshop will provide an overview of different approaches, and ideas of how workers may want to develop their own family group program.

Family Recovery Process – Families go through their own recovery process. This workshop will provide insight into this process, as well as specific tools for educating families about recovery, helping them increase their level of hope, and helping them promote their relative's self-determination during the recovery process.

DATE: Tuesday September 28th 2010
TIME: 9:00 am to 4:30 pm
PLACE: North York Civic Centre, Council Chambers, 5100 Yonge Street, Toronto (west side of Yonge Street, five blocks north of Sheppard Avenue) www.toronto.com/other/listing/212250#mapAnchor

PARKING: Paid parking lot on Beecroft Avenue; meter parking on side streets

TRANSIT: North York Centre Subway Station

COST:

Lived Experience/Family Member	\$50.00
Early Bird (on or before August 6th 2010)	\$65.00
Regular (after August 6th 2010)	\$75.00

REGISTRATION:

Registration is Full.

For questions regarding registration, please contact Gulshan Allibhai at: gallibhai@cmha-toronto.net or 416-289-6285 ext. 307

CANCELLATION:

Cancellations are not accepted, however another person can take your place at the conference.

This conference is a joint initiative of CMHA Toronto, Community Resource Connections of Toronto, the Family Outreach and Response Program, and the Schizophrenia Society of Ontario